

The Little Legends Group

Dates Available:

17th January 2023
19th January 2023
24th January 2023
26th January 2023

Duration:

09AM-3PM for
children being picked
up from their home

10AM-2PM for the rest

Ages: 6 to 13yrs old

Price: \$350/Day

What is the purpose?

The little legends group holiday programs support participants to experience a high energy physical activity while engaging in a structured Group Program that encourages regular discussions around self-regulation and practicing expressive and receptive social skills within a supportive environment.

Activities/Structure of the Group

1. Group norms/rules
2. Team building: Getting to know each other...sharing things about us and learning about other participants(Sharing, listening, learning to relate to others, core friendship building skills).
3. Linking group rules; a) looking out for fellow participants and b) Respecting/being kind to each other. Participants are supported to further explore what this entails and are encouraged to engage in role plays around cooperation, respect, collaborating and sharing skills (all key sub social skills that enables positive outcomes for children).
4. Bus ride and engaging in physical activities within a high sensory stimuli environment (it can be stressful, but we need to be pushed sometimes to grow) - BOUNCE & BUSHWALKS
5. Shared lunch
6. Formal congratulating to all participants and acknowledging positive behaviours





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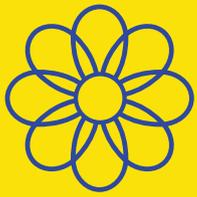
Aim of the Group

1. Provide opportunities for the older or more mature participants to be coached to take on a leadership role and support the younger group participants. This aims to build participants sense of efficacy.
2. Participants complete all activities as a team, if one participant is struggling, or having difficulties due to anxiety or other, members are supported to help each other.
3. Learn and practice specific social skills; cooperation, respect and relational skills.

Eligibility Criteria or Requirements

All participants are required to complete the ACIS (Assessment of communication and interaction skills). This assessment tool provides a clear picture of each child's current social functional level and is used as a pre-post measure and ongoing as a base line to measure children's progress connected to our group and broadly at home and school.





Grow
Wellbeing

The Little Legends Group

Cost Involved

- \$350 per participant per day.
- Cost of transportation is not inclusive for those seeking a longer day's respite (more details about transportation fees in the Expression of Interest form)
- All food and drinks are included with personalised dietary needs.
- ACIS assessment of communication and interaction skills standardised tool with personalised recommendations for each participant. Recommendations will be for both home and school environments.

Expression of Interest Form

Grow Wellbeing THE
LITTLE LEGENDS GROUP

If you would like to know more about our Social skills Group
Program

Please give us a call or email us

Ph: 08 8234 2562

E: admin@growwellbeing.com

W: www.growwellbeing.com

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